

Registration

Register online at stmonicaschool.org, campus life, athletics, cheerleading, and click on the link for registration. The team fee and camp fee is \$260.00 and billed to your FACTS account after registration.

Cheerleader Conduct, Behavior, and Priority

- Cheer season runs until Spreading Good Cheer and the Catholic Bowl Games (approx. Mid November)
- The Cheer Team must be the top priority. All practice, performances and other required activities must take precedence over other activities and other sports.
- Cheerleaders shall conduct themselves appropriately at all times. This includes while at cheer practices, and games, as well as in school and around our community.
- Cheerleaders must be willing to cooperate fully with their teammates and the coaches.
- Cheerleaders may not eat or chew gum while in uniform unless wearing the jersey or a shirt over their uniform.
- Cheerleaders must bring a water jug to all practices and games.
- Jewelry is not permitted during practice or at games. Please do not get ears pierced between the end of July thru November.

Parent Involvement and Responsibilities

- Volunteer for committees and pick-up from practices, camp, and games on time
- Physicals must be on file with the school nurse by the beginning of camp
- Support cheerleaders and coaches in a positive environment.

Cheer Camp: July 31- August 2, 2026

- All cheerleaders should attend the entire cheer camp
- Any conflicts with camp dates must be emailed to the Director of Cheer by May 31
- Camp Schedule will be sent out after registration is complete, plan for all day.

Practice Dates and Times

Spring Practices: Optional March 26 and April 9, 4:00-6:00 pm

Fall Practices: Every Thursday, 4:00-6:00pm, starting August 27.

Uniform Info

Fittings: Monday, April 13 at St Monica Large Gym. At least one parent or guardian must attend with the athlete. More information about fittings will be sent via email after registration is complete.

- 4:30-6:00 pm JV (rising 5th and 6th graders)
- 6:00-7:30 pm Varsity (rising 7th and 8th graders)

Deposit: 50% of the uniform bill will be charged to your FACTS account when the order is placed

Uniform Pick-Up: July 28th, final payment will be charged to your FACTS account.

Cheer Shoes must be purchased new and before camp. Links for shoe options will be sent via email.

Financial Obligations

Team Fee and Camp Fee \$260 online registration and billed to FACTS. Registration closes at 11:59pm on April 10th.

Varsity Uniform

JV Uniform

*Prices vary depending on optional items purchased and if returning cheerleaders uniform fit properly

**Some used and unworn uniforms will be available for purchase at a 50% discount

Communication Policy

All communication to the coaches should be sent directly to the Director of Cheer and she will pass it along to the coaches as necessary. The primary mode of communication is email and every effort will be made to return emails within 24 hours.

Director of Cheer: Lisa Mills, SMSDallasCheer@gmail.com

Attendance Policy

Late Arrival – all cheerleaders are expected to arrive to practices and the games ready to begin at the designated meeting time. If a cheerleader arrives to the game late, she will sit out the 1st quarter of that game. Excessive late arrivals will be addressed in a meeting with the parent, cheerleader, and coach.

Practices – all cheerleaders are expected to attend every scheduled practice. However, if you do not attend school, you are not allowed to attend practice. Cheerleaders that miss practice will cheer at the game that week but will sit out of the half-time performance of the game.

Games/Pep Rally – all cheerleaders are expected to attend every scheduled game, pep rally, and performance.

- **first absence** – sit out of the 1st and 2nd quarters of the following game
- **second absence** – sit out for the entire following game

Excessive absences from practices or games will be addressed in a meeting with the parent, cheerleader, and coach.

Illness/Sick Policy – if you miss school because you are sick, you are not allowed to attend practice and the above Practice Attendance Policy will apply. If you become ill at the end of the day but attend school, the parent should email the Director of Cheer informing her of the illness.

Church or DPL Competitions – will be excused absences but if you miss practice for a church event or a DPL competition, you may have to sit out of the half-time performance if there is a new routine being performed.

Varsity
Cheer

**REQUIRED ITEMS
MUST ORDER IF YOU DON'T HAVE**



\$135

\$115



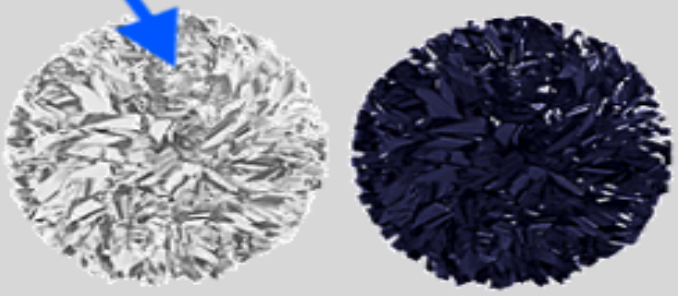
\$98



\$27



\$34



\$46

For Both

OPTIONAL ITEMS



\$16



\$36



\$37

JV Cheer

REQUIRED ITEMS
MUST ORDER IF YOU DON'T HAVE



\$130

\$115



\$27



\$34



\$31

SS SIZER

OPTIONAL ITEMS



\$16



\$36



\$37